



HILLTOPPER

August 2024

PALOMAR ESTATES WEST

Onsite Management

Maintenance: Felipe Diaz

Office: Lisa Hamernick

Office Hours:

Monday thru Friday

9:30 a.m. – 12:00 p.m.

1 p.m. – 4:00 p.m.

Office Staff

Gayle Plant

Weekend Relief

Doug Tickner

Security Patrol

Hidden Valley Security

(760) 744-1061

Office: (760) 727-5453

Fax: (760) 727-3054

After hours - emergencies only: (888) 518-6064

E-mail: Palomarestateswest@gmail.com

Resident website: Pewresidents.com

Offsite Management

PROPERTY MANAGEMENT

HAVEN MANAGEMENT SERVICES

3491 Concours Street, Suite 204

Ontario, CA 91764

Property Supervisor: Katie Davis

(909) 930-9750 Ext. 3005

Fax: (909) 481-7260

kdavis@havenms.com

MILLENNIUM HOUSING

611 Anton Blvd., Suite 890

Costa Mesa, CA 92626

Phone: (949) 515-5100

Fax: (949) 515-5101

<http://millenniumhousing.com>

President: George Turk

COO / Vice President: Lori Carraway

Director of Asset Services: Diana Welsh

SPARC Director: Stacey Kazmierski

MILLENNIUM MEMO

As I'm typing this (on July 2), we've received Income Certs from every one of you, for which we thank you. That's a strong response in just a couple weeks. Great job!

A few of you have asked why you should turn in your Certs early, when they aren't due until July 15. We figure you have to do it anyway, so why not just get it over with? Besides, with this massive project behind her, Lisa can focus on other things.

Thanks again!

More News

- "Big thanks to all our residents. I have noticed homes being washed, painted, landscaping trimmed & refreshed, weeds being pulled...with our residents' help, we have a beautiful place to call home."

That's Lisa's note to me, nominating all of you for this month's Kudo. Well done!

- Recent resident complaint: contractors blocking other residents' driveways while working on homes in the Park. It's great that you are improving your home, but please ask your contractors to be courteous to your neighbors.
- Next up for SPARC: a September 25 Lunch & Learn, this time focusing on Estate Planning. I'm mentioning it now because we'll have signups starting in August, and we don't want you to miss out. Did I mention the FREE lunch?

One More Kudo

This one goes to Felipe, for spending his Father's Day repairing a water leak. It took him 6 hours before he was able to return to his family for his big day.

We're sorry about the inconvenience that caused. We've spent more than \$200K on Water Isolation Valves, which is supposed to allow us to shut off water just in the affected area, but somehow the valve in question didn't work.

After some angry words to the contractor, we've been assured that valve will be fixed. Let's hope so.

An Impressive Animal

Apparently, we have a talented companion. My lovely wife recently asked me: "Have you seen the dog bowl?" "No," I replied. "I didn't know he could."

Stay cool, and have a fun Summer.

George Turk

From the PEW Residents Board

Dear PEW residents,

- To submit your comments, concerns and questions to PEWRA, please complete a resident communication form and drop in it the PEWRA box that is in the cardroom. If you'd like a form, please contact any board member.
- Summer is upon us and as the days continue to heat up, remember that we have a beautiful pool, kept at 86 degrees all year long. When you come for a swim, be sure to peek at the newly remodeled ladies' bathroom. The shower and sink area have been upgraded and it really looks great.
- PEWRA is now providing newcomer welcome packets to new PEW residents. To encourage new residents to attend events, all newcomers will receive a complimentary ticket to a social connection event, a bingo night (one per household), a "Let's Dine In" event and a PEW breakfast. If you are at a PEW event and see a newcomer, please reach out and make them feel welcome!
- Residents have been asking about posting political signs in their yards. Per the Mobile Home Residency Law, you can post a sign outside your home 90 days before an election.
- It is important to update your contact info with the office. If your info is *not* updated, you won't receive robo calls that announce PEW events and park info. If your contact info is up to date and you are still not receiving robo calls, check with the office to make sure that you have given them your consent to receive calls.
- The Social Connection has been knocking events out of the park these days! The Chili Cookoff event had 125 attendees with 17 resident chili contestants; the pop-up concert had over 70 music lovers attend and on the 4th of July, 173 residents turned out for a complimentary BBQ lunch and fellowship. These events are organized and facilitated by a VERY small number of VOLUNTEER social committee members. If you are interested in HELPING WITH EVENTS, you are welcome to attend a social connection meeting. Please contact me for meeting dates.
- **CALLING ALL RV OWNERS and OTHERS** who have a reserved spot in the RV park. Please attend a meeting on August 8th @ 1pm at the RV park to discuss the RV park gate situation.
- A big THANK You shout out to resident realtor Janet Moynihan Timian for paying for the July 4th popsicles!

That's it for now!

Your neighbor... Cathie Byrd (PEWRA President) 530.417.5186



SWIMMING POOL AND SPA RULES REMINDER

The pool, spa, and saunas are for the exclusive use of the homeowners and their guests. with homeowner adult supervision. Persons under 18 years are only permitted in the pool and spa areas during the posted children's hours.

Posted Rules. Hours and rules for use of these facilities are posted. Children under the age of three (3) years are not permitted in the water. Children under the age of fourteen (14) years are not permitted in the spa or sauna except with homeowner adult supervision.

Rule Safety Reminder

A. Laws/Safety. For the safety of Homeowners and their guests, no vehicle may be driven in an unsafe manner. All posted traffic signs must be obeyed. All drivers operating a motor vehicle in the park must drive safely and slowly, and not more than 15 miles per hour. All vehicles operated in the park must be registered and licensed for street usage. Homeowners in violation will be cited by Park Management.



Clarification

Homeowner – someone on title and on a rental agreement, full residency rights.

- They sign the rental agreement

Additional occupant – not on title but approved to live in the home with the homeowner, limited residency rights.

- They sign the additional occupant addendum that includes certain restrictions such as:
- They cannot access common areas without the homeowner as they do not have full residency rights
- They cannot live in the park without the homeowner – this is why it's important for couples (or anyone) living in the park to make sure anyone is on title who may want to live in the home should the other person pass away.

BOTH homeowners and additional occupants can be referred to as residents.

Guests – Anyone visiting someone in the park, but they may not stay more than 20 consecutive days or 30 days in a calendar year or else they should be registered as an additional occupant. The park has no relationship with a guest, and they have no residency rights.

Reminder to all pet owners



RESIDENTS ASSOCIATION BOARD

President: Cathie Byrd; Vice President: Garry Larson
Secretary: Jo Gehringer; Treasurer: Simon Spears

Members

Katie Rodriguez, Jesse Nieto, Larry Jones

Board Meeting: 1st Tuesday of the Month (6:30) in the Pavilion Room

SOCIAL CONNECTION

Merlin Chancellor and Simon Spears – Co-Chairs, Cindy Palermo – Treasurer,
Marilyn Ferri – Secretary, Cathy Bassett, Cathie Byrd, Margaret Scotto,
Rusty Bassett, Angela Sirota, Shevaun Teegarden

HILLTOPPER COMMITTEE

Delane Johnson, Fran Miller, Jansi Sauer, Lynn Thomas, Mary Wallace

READY ADVISORY PANEL

Bryan Cooper, Mary Wallace
Cindy Palermo, Debbie McQuillan, Lee Tydlaska, Robert Fierro, Ruthann Kirby, Fran Miller

BREAKFAST COMMITTEE

Mikkie Sawyer, LuAnn Foster, Kim Stevenson, Trish Coy,
Helen Lyon, Cathy Bassett, Diana Primeau, Karen King
Alternate: Sheila Miller, Marsha Brown, Denise Hickey

GYM COMMITTEE

Larry Brown, Rusty Bassett, Marie McElligott

For Fire, Sheriff, or Emergency in progress, such as break-ins, health problems or a life-threatening situation, call 911.

If you have a non-emergency question or to file a report, please call the San Diego Sheriff Dept at 760-510-5200.

ACTIVITIES DIRECTORY

<u>ACTIVITY</u>	<u>TIME & DAY</u>	<u>CONTACT</u>	<u>PHONE</u>
Art Gallery	On Exhibit in Pavilion	Herlinda Mahler	949-395-0815
Billiards (Men)	9 am Tu	Stan Lindsay	760-598-0582
Billiards (Women)	1:30 pm M	Gerri Harper	760-500-8681
Bingo	6:50 Th	Delane Johnson	612-240-4049
Book Club	Fourth Friday 2:00 pm	Cynthia Towle	503-317-3544
Breakfast	1 st Sat 8:30 am	Mikkie Sawyer	760-690-7825
Bridge	Varies - Call Ann	Ann Webb	702-449-9916
Cooking with Katie	Third Tuesday 4:00 pm	Katie Rodriguez	760-310-8623
Darts	6-8 pm Thurs Game Room	Chuck Thomas	707-799-6555
Dog Park	8 am - 8 pm Daily	Debora McQuillan	858-663-2822
Game Nite	6:00 – 8:00 Fridays	Linda Kerridge	858-776-6783
Garden Club	1 st M 2 pm	Merlin Chancellor	661-670-1336
Community Garden	8 am – 8 pm Daily	Robert Fierro	619-339-0433
Let's Dine Out	Times vary	Linda Kerridge Cathie Byrd	858-776-6783 530-417-5186
Library	Open Daily	Susan Balog	916-759-2636
Mahjong	1 pm Th	Kim Stevenson	760-703-4872
Medical Rehab Lending Closet	Open as needed.	Rusty Bassett Jesse Nieto	619-301-9551 408-666-8088
Mexican Train	2 nd and 4 th Tu 4:30 pm	Margie Farrelly	760-855-8416
Movie Night/ Dinner & Dance Nights	Dates Vary	Simon Spears	760-583-1549
Pickleball	8:00 am-10:00 am M-W-F-S Pickleball Group Open Play All are welcome!	Larry Jones	937-478-2500
Ping Pong	Tu 10:30 am	Nejla Gharajedaghi	760-536-9583
R.E.A.D.Y. Panel Emergency Preparedness	3 rd Tuesday at 2 pm in Card Room	Mary Wallace Bryan Cooper	619-887-0700 858-342-3334
Shuffleboard	1:30 pm M	Rusty Bassett	619-301-9551
Live 2 B Healthy Strength & Balance	10 am M-W-F	Maria Barnabe	619-886-2779
Social Connection	Dates Vary	Merlin Chancellor Simon Spears	661-670-1336 760-583-1549
Tai Chi	9 am Th	Rudy Cobos	
Tai Chi 24 Yang Style Form	9-10 am Tu	Arnold Epel	760-208-9627
Tennis		Jim Catley	360-301-1566
Aqua Aerobics	9 am Tu, Th, Sat 1 pm Tu, Th, Sat	Trish Coy	760-536-9338

Hilltopper submissions to pewhilltopper@gmail.com.

All submissions must be submitted by the 10th of the month.

Hilltopper Distribution - Jansi Sauer 509-421-7431

The Hilltopper may edit articles for publication and will not publish anything of a political, medical, religious nature or solicitations. The Hilltopper does not publish articles submitted anonymously.

THE HILLTOPPER DOES NOT ENDORSE ANY OF THE ADVERTISERS THAT APPEAR IN ANY ISSUE. USE AT YOUR OWN DISCRETION.

If you notice any errors or omissions, please contact the Hilltopper at pewhilltopper@gmail.com



BIRTHDAYS THIS MONTH

AUGUST

Brenda McQueen	1
Scott Higgins	2
Ryan Teegarden	2
Marlene Postell	4
Christopher Beverly	4
Robert Williams	4
Jim Cately	5
Marie Witter	5
Edward Munson	7
Natasha Busick	8
Leigh Gardner	8
Jeannie Stratis	8
Donna Bettencourt	9
Larry Vogel	10
Diane Ferguson	11
Margaret Clive	11

Sally Jeans	12
Jack Pelamati	12
Cathie Byrd	14
Linda Freeman-Durst	14
Cheryl Robertson	14
David Del Real	15
Laurie Martino	15
Sean Kee	16
Erin Wolff	16
Becky Hall	17
Chaney Engel	19
Karen Barlow	20
Sandy Manoogian	20
Janet Adams	21
Miriam Zanala	21

Frank Meza	21
Lisa Corrigan	22
Lynn Thomas	22
David Darnick	23
Debi Gilgen	23
Kathleen Margiotta	23
Kim Stevenson	23
Maria Jacquez	25
Joseph Prutch	25
Sheri Meza	26
Donald Henderson	26
Kathy Gillin	28
George Newby	28
Ruthann Kirby	30
Judy Havens	31

If you know of any birthdays throughout the year that we don't have on our list, please send an email to pewhilltopper@gmail.com so we can include those birthdays in the future.

Directory Changes

Please make the following additions and corrections to your park directory

SPACE	DELETE	ADD	PHONE NUMBER
290		Barbee, Meisha	619-730-8577
308		Peake, Robert & Kit	760-213-0444
40		Weiss, Al	858-922-0231
40		Weiss, Sali	619-519-1188
358	Brennan, Dave	Fecteau, Kathy	760-521-6363
155	Ruczewski, Genowefa	Investor	
131		Brown, Diane	916-505-9875
201		Hall, Becky	858-967-8725
165	Investor	Drogo, Rhonda	760-807-8664

AUGUST 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				Aqua Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Aqua Aerobic 1 pm Sunset Pickleball 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8-10 am Live 2 B Healthy 10 am Game Night 6 pm	Breakfast 8:30am Pickleball 8-10 am Aqua Aerobic 9am Aqua Aerobic 1 pm
4	5	6	7	8	9	10
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30 Garden Club 2pm	Aqua Aerobic 9 am Men's Billiards 9 am Tai Chi 9 am Ping Pong 10:30 am Aqua Aerobic 1 pm Sunset Pickleball 6 pm Board Meeting 6:30	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10am	Aqua Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Aqua Aerobic 1 pm Sunset Pickleball 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8-10 am Live 2 B Healthy 10 am Game Night 6 pm	Pickleball 8-10 am Aqua Aerobic 9 am Aqua Aerobic 1 pm Hilltopper Submissions Due
11	12	13 Recycle	14	15	16	17
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30 pm	Aqua Aerobic 9 am Men's Billiards 9 am Tai Chi 9 am Ping Pong 10:30am Aqua Aerobic 1 pm Mexican Train 4:30 Sunset Pickleball 6 pm	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10am	Aqua Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Aqua Aerobic 1 pm Sunset Pickleball 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8-10 am Live 2 B Healthy 10 am Social Hour 5 pm Game Night 6 pm	Pickleball 8-10 am Aqua Aerobic 9 am Aqua Aerobic 1 pm
18	19	20	21	22	23	24
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30 pm	Water Aerobic 9 am Men's Billiards 9 am Tai Chi 9 am Ping Pong 10:30 am Aqua Aerobic 1 pm READY 2pm Cooking with Katie 4:00 Sunset Pickleball 6 pm	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10am Movie Night 6 pm	Water Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Aqua Aerobic 1 pm Sunset Pickleball 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8-10 am Live 2 B Healthy 10 am Book Club 2 pm Game Night 6 pm	Pickleball 8-10 am Aqua Aerobic 9 am Aqua Aerobic 1 pm Escape to the Islands 5-9pm See P. 18
25	26	27 Recycle	28	29	30	31
	Pickleball 8-10 am Live 2 B Healthy 10 am Shufflebrd 1:30pm Women's Billiards 1:30 pm	Aqua Aerobic 9 am Men's Billiards 9 am Tai Chi 9 am Ping Pong 10:30 am Aqua Aerobic 1 pm Mexican Train 4:30 Sunset Pickleball 6 pm	Pickleball 8-10 am Tennis 9 am Live 2 B Healthy 10am	Aqua Aerobic 9 am Tai Chi 9 am Mahjong 1 pm Aqua Aerobic 1 pm Sunset Pickleball 6 pm Darts 6-8 pm 6:50 Bingo	Pickleball 8-10 am Live 2 B Healthy 10 am Game Night 6 pm	Pickleball 8-10 am Aqua Aerobic 9 am Aqua Aerobic 1 pm



BREAKFAST

August 3rd 8:30

***“ Give every day the chance to become the most beautiful
day of your life ”***

Always.... Bring your sunshine

Always.... Bring your smiles

Always.... Come hungry

*We look forward to serving another welcome treat for each one of
you. Always, a little something for everyone to enjoy.*

Please sign up – and if you do – Please show up.

Mikkie

Let's Dine Out



LET'S DINE OUT...IN THE PAVILION!

WHEN: Wednesday August 28th 5 pm

COST: \$15.00 pp

**MENU: Chicken Verde Enchilada, Black Beans, Cabbage Salad,
Spanish Rice, Dessert, BYOB**

**To sign up: Make check payable to the Social Connection; BY
AUGUST 26th, drop your check or CASH in the Social Connection
box in the office lobby; Your payment confirms your seat!**

Come One and All

Come to the clubhouse on Friday nights

Bring your neighbors or come meet your neighbors

EVERYONE IS WELCOME

Social Hour on the 3rd Friday, starting at 5 PM

Game Night on Fridays, starting at 6 PM

Come play cards or domino games

Or bring a game you want to share/teach (Yahtzee, Uno, Scrabble, ??)

Bring your own beverage. If you would like to bring a snack to share, that is great also.

Submitted by Linda Kerridge and the Social Connection



Cooking With Katie

Come join us to learn about ways you can cook healthy and delicious meals on a reasonable budget!

Date: Tuesday August 20th

Time: 4pm-5:30pm

Location: Palomar West Clubhouse

Demo: One Dish Wonders

Sign up at the clubhouse to get a spot for this free, tasty class! Sign-up List goes up on 1st of each month. Class max of 25

SKILLET FETTUCCINE ALFREDO

- 1 Bag Frozen Fettuccine
- 1 cup Frozen peas
- 1 small onion, chopped
- 6-10 mushrooms, chopped
- 1/4 cup Sundried Tomatoes, chopped
- 3 cloves Garlic, minced
- 1/4 cup milk
- 1/4 cup white wine or broth
- 1/2 cup grated Parmesan

Mince garlic, chop onions, tomatoes and mushrooms and saute in 3 T. oil. When limp and fragrant, add fettuccine and stir on low heat. When fettuccine is hot, add the milk, wine and the peas and stir. Serve when hot and bubbly. Sprinkle with Parmesan cheese.

RAINBOW PASTA SALAD

- 1 pkg Radiatore of Many Colors Pasta
- 1 tub fresh Bruschetta
- 1 tub fresh Pesto Sauce
- 1 pkg (2 bulbs) fresh Fennel (chopped)
- 1/2 jar black olives (sliced in half)
- 1 jar Artichoke Hearts (drained) chopped
- Fresh Basil (shredded)

Cook pasta according to directions. Drain and chill in the fridge. To assemble, mix the pasta with the Bruschetta, Pesto, fennel, olives and Artichoke Hearts. Mix well and continue to chill until serving. Before serving, shredded the basil and gently mix into pasta mix.

PEW Book Club

Greetings from the Book Club

In July, we read and discussed "The Women" by Kristan Hannah.

Our August book will be "The Heaven and Earth Grocery Store" by James McBride.

The Book Club meets the 4th Friday of every month in the Multi-Purpose Room at 2 pm. We would love you to join us!

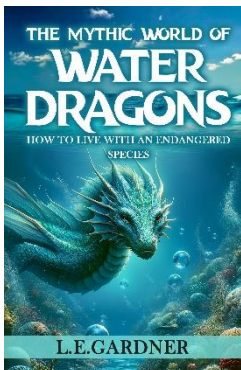


The Book Club would like to introduce a new author who lives right here in PEW! She would like to introduce herself with an offer to join her committee of "book reviewers". Leigh Gardner can be contacted by email: sidequest1930@gmail.com, or her phone number, 724-998-1803.

Hello, my name is Leigh Gardner, and I live here in PEW.

Are you an avid reader, always looking for your next book? I'd be happy to share a book in exchange for an Honest Review on Amazon!

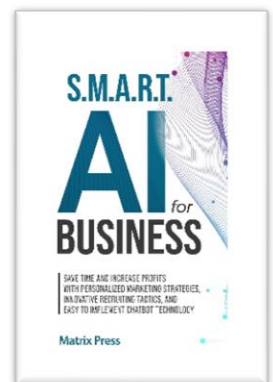
I have recently started to publish on Amazon (trying to plan for retirement!) I am looking for enthusiastic readers to join my community of book reviewers. I can provide a book at no cost for you to read or look over, and all I ask is, if you like the book, to please leave a short review on Amazon. If you are a person who wouldn't want to write something, you can click and give a star rating as well. Reviews and ratings are gold dust to authors and an enormous help! I have 2 very different books. One is now published as a short fantasy book on dragons as an endangered species, and the other, which will be published in a few weeks, is a non-fiction book to help business owners implement artificial intelligence in their small to medium-sized businesses.



If you are interested or would like more information, please text or call me at 724-998-1803.

Thank you so much for considering being on my review team!

Leigh Gardner



Cynthia (Cindy) Towle
503-317-3544
towlecandr@gmail.com

"I cannot live without books..." Thomas Jefferson to John Adams June 10, 1815

Garden Club



July is looking to be a hot and steamy one. I have noticed my vegetable garden needs more attention than I have been giving, especially with watering. Even so, many of the vegetables in the Community Garden, including mine, are really producing. All of the flowering plants seem to be in peak bloom. Several displays at our meeting represented the abundance of our gardens.



Another highlight of our meeting was the fabulous trifle Arleen provided. I have never had such a decadent, beautiful, and scrumptious delight! We thank you for your time and dedication you put into this masterpiece! We can't thank you enough. Many of us

went back for seconds and some even had thirds. Great job Arleen.

Ann delivered our first recognition card to Erika Swimmer in space #2. We feel her garden shows outstanding landscaping design and sustainability. Our garden club members will be on the lookout for impressive gardens in our community and sending them an Ann Kreile designed card with a personal handwritten message. We love to give shout outs to beauty when we see it.



Our next meeting will be Monday August 5th at 2pm, we will have a presentation on maintaining garden tools including keeping them sharp and oiled. Master gardener **Dawn Standke** will join us for our September meeting and master gardener **Cindy Bruckes** will be at our October meeting. We invite you to be entertained and enthralled by the master gardeners as they offer up their expertise.

Life begins the day you start a garden - Chinese proverb

Keep cool and stay curious,
Merlin Chancellor



What's so Special about Peat Moss?

*By Herb Field
Forensic Entomologist*



I recall reading the preface of the famous gardening book, "Crockett's Victory Garden" which accompanied the popular 1970's PBS show of the same name. Russell Morash, who produced the show for James Underwood Crocket tried to prep the area next to the Boston TV location where the show was to air. The old location was at the time a parking lot for the large trucks used by the station. Russell was instructed to turn over all the soil, remove stones and add peat moss, plus other amendments to prepare for the shows first airing. Russell had mixed six bales of peat moss into the existing soil thinking that it was plenty but when Mr. Underwood arrived two weeks before the premier of the first show, he told Russell to add another TWENTY BALES! This is an example how peat moss can drastically change the composition of any soil.

With that said, I know that peat bogs are not a renewable resource, it takes thousands of years to create a peat bog in Canada, where most our peat comes from. There are products that are produced to replace peat but dollar for dollar there is nothing better, hence our 16 raised boxes receive an ample supply of peat moss as we move from season to season.

As you probably know peat moss is the processed material from bogs. The bogs are decaying plant material that has decayed for thousands of years. Peat moss does NOT contain the trace elements that is found in other organic materials but it's the easiest to use and does some remarkable things to the soil whether it be in a pot, raised box or in native soils!

The result of adding peat moss is almost instantaneous. It improves almost any soil it's been added to, in sandy soil it helps it retain moisture. In our native San Diego soils that contains lots of clay it allows plant roots to breathe! I find the soil in our beds or in the raised boxes are all much easier to work or digging while adding new plants. The soil remains loose and workable as long as the peat moss remains in the soil. I typically add peat moss to my boxes after each season and once a year to the beds that are in native soils. Another plus is that weeding is a no brainer as the weeds pop right out without leaving the root below surface to grow again at a later time.

Peat moss comes in various forms, there is a fibrous pale brown product but the most common comes in bales and is a milled version. The bales are compressed so even though peat moss is a light material the compressed version is a bit heavy so get some help moving it to the location where you will use it, or utilize a two wheeled dolly which is what I use.

Finally, one more comment about peat moss, if you are considering either putting in a new lawn or repairing an old worn-out lawn working peat moss into the soil will have lasting results creating a significantly healthier lawn. Those who've come to the gardens always marvel at the back lawn, the secret was a mixture of peat moss and mushroom soil!

For gardening questions insect identifications contact me at entomologyservices@gmail.com or find me on NextDoor.

FOURTH OF JULY FESTIVITIES





The Palomar Estates West Gallery

On July 8th, our popular resident artist, Ann Kreile, hosted a well-attended reception to introduce our current One-Woman Show at our PEW Gallery.

Ann has dabbled in ceramics and oils, but for the past 30-years, her true passion lies in painting outdoor scenes in watercolors... Her favorite subjects include flowers, gardens, landscapes and seascapes.

She has won many awards in local art shows and her work has been exhibited in several art galleries as well as the Del Mar County Fair.

If you're interested in any of Ann Kreile's artwork, please contact her at (760) 421-8338.

Submitted by
Herlinda Mahler, PEW Gallery Curator

Movie

Hunt for The Wilderpeople

Aug 21st 6:00 PM Movie

A Social Connection Event – Please sign up

Popcorn and Soda



A Social Connection Event

AUGUST 24TH 5 - 9 PM

Escape to the Islands

\$15.00

**Steel Band and Island entertainment
Virgin Margarita and blended fruit punch bar
Jerk Chicken, Coconut Rice and Salad**

Sign up and pay by August 17th

YOUR PAYMENT CONFIRMS YOUR SEAT! CANCELLATIONS AFTER
August 17th NON-REFUNDABLE, MAKE CHECKS PAYABLE TO "SOCIAL
CONNECTION"



Palomar West Real Estate, Legal & Financial Planning Workshop

Date: Wednesday, September 25
Time: 12:00pm-1:30pm
Location: Palomar West Clubhouse

Guest Speakers:

David Katz, OB95559
Katz Capital Management
Senior Financial Planning

Bryan Devore, DRE 01397835
Devore Realty Group
Seniors Real Estate

Angela McGlasson
Littorno Law Group
Estate Planning & Veterans Benefits

Be prepared and educated to move into your future with confidence! Please join SPARC at the Palomar West Clubhouse to enjoy an educational seminar that will focus on essential legal, financial, and real estate planning.

You will gain valuable insight and participate in a Q&A session with all three of our guest speakers to help guide you with questions you might have on these topics.

-Free Lunch -Intriguing Information -Questions Encouraged

Sign up at the Clubhouse by September 23rd
to save your spot!
Sign ups are mandatory

SPARC Inc.

Octoberfest

Save the Date
28th September 5:00 PM
Eating, Dancing and Drinking
Details to follow.



PALOMAR WEST

REMINDER

This year Palomar West residents
can receive a **FREE Senior Warm Kit!**

Please be on the lookout for a sign up
flyer in September.

All residents must sign up to receive their
items.

Items include: hat, gloves, scarf, blanket
and socks.

 SPARC Inc.

Palomar Estates West's Annual

Craft Fair



Saturday, November 16th
9 a.m. – 1:30 p.m.

At the Pavillion (Clubhouse)



To be a vendor call Ruthann Kirby
at 619-997-3040

2024 Social Connection Events

Mark your calendars

16-Aug	Social Hour	5:00 PM	Free
21-Aug	Movie Night	6:00 PM	Free
24-Aug	Caribbean Night/Live Music	5:00 PM	\$ 15.00
18-Sep	Movie Night	6:00 PM	Free
20-Sep	Social Hour	5:00 PM	Free
28-Sep	Octoberfest/Live Music	5:00 PM	\$ 15.00
16-Oct	Movie Night	6:00 PM	Free
18-Oct	Social Hour	5:00 PM	Free
26-Oct	Halloween Party/Live Band	5:00 PM	\$ 20.00
20-Nov	Movie Night	6:00 PM	Free
22-Nov	Social Hour	5:00 PM	Free
15-Dec	Holiday Party	5:00 PM	Free
18-Dec	Christmas Movie Night	6:00 PM	Free
31-Dec	New Year's Eve Party/Live Band	5:00 PM	\$ 25.00

SPARC Inc.
Services and Programs Assisting
Residents in our Communities

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